

## Howard L. Millman, Ph.D.

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Psychology License New York #3727

### Education

City College of New York	B.S.	Psychology
Adelphi University	Ph.D.	Clinical Psychology

### Experience

	Position	Function
Present	Independent Practice of Clinical and Consulting Psychology	Psychotherapy, Counseling, Psychological Assessment, Consultant to Organizations
	Director of Psychological and Educational Services of Westchester White Plains, N.Y.	Founded and Administrated a Multi-Service Center
	Director of Psychological Services and Research The Children's Village Dobbs Ferry, N.Y.	Administrated Department, Chaired Key Committees, Consultation to all Departments
	Adjunct Associate Professor Psychology Department Manhattanville College, Purchase, N.Y.	Taught Group and Organizational Dynamics to Graduate Students
	Adjunct Associate Professor Education and Psychology Departments City University of New York.	Sensitivity Training with Students. Supervised Psychotherapy
	Visiting Lecturer in Education School Psychology Doctoral Program Rutgers-The State University.	Taught Abnormal Psychology Supervised Counseling and Testing
	Chief Psychologist Middlesex County Mental Health Clinic. New Brunswick, N.J.	Administrated Department, Community Consultation, Public Lectures
	Field Assessment Officer Princeton University.	Assessed and Counseled Peace Corps Volunteers

Psychology Intern  
Neuropsychiatric Institute,  
University of California at Los Angeles

Psychotherapy,  
Psychological Testing,  
Research

### **Community and Professional Activities**

Co-Sponsor Symposium  
Rutgers - The State University.

Organized and  
Administrated Annual  
Educational Meeting

Board of Directors, President  
Westchester County  
Psychological Association.

Chaired Legislative and  
Executive Committees

Member, Counseling Committee  
Narcotics Guidance Council.  
Dobbs Ferry, N.Y.

Provided Consultation  
Regarding Drug Abuse

Chairperson, Legislative Committee  
New Jersey Psychological Association.

Provided Consultation to  
Legislators and Helped Pass  
Psychology Licensing Bill

### **Membership in Professional Organizations**

American Psychological Association  
New York State Psychological Association  
Westchester County Psychological Association

### **Books Published**

Millman, H.L., Huber, J.T., & Diggins, D.R. Therapies for Adults: Anxiety, Personality, and Depressive Disorders. San Francisco: Jossey-Bass, 1982.

Millman, H.L., Schaefer, C.E., & Cohen, J.J. Therapies for School Behavior Problems: A Handbook of Practical Interventions. San Francisco: Jossey-Bass, 1980.

Huber, J.T. & Millman, H.L. (Eds.) Goals and Behavior in Psychotherapy and Counseling: Readings and Questions. Columbus, Ohio: Charles E. Merrill, 1972.

Schaefer, C.E. & Millman, H.L. Therapies for Children: A Handbook of Effective Treatments for Problem Behaviors. San Francisco: Jossey-Bass, 1977 (translated into German. Kompendium der Psychotherapie in Kindheit and Pubertat. Fachbuchhandlung fur Psychologie Verlagsabteilung: Frankfurt am Main, 1984.)

Schaefer, C.E. & Millman, H.L. How to Help Children with Common Problems. New York: Van Nostrand Reinhold, 1981. (Paperback - New American Library, Plume, 1982. Republished by Jason Aronson: Northvale, New Jersey, 1994.) (translated into Hebrew. Ledori: Tel Aviv.)

Schaefer, C.E., Millman, H.L., & Levine, G.F. Therapies for Psychosomatic Disorders in Children. San Francisco: Jossey-Bass, 1979. (Paperback - Jason Aronson: Northvale New Jersey, 1994.)

Schaefer, C.E., Millman, H.L., Sichel, S.M., & Zwilling, J.R. Advances in Therapies for Children. San Francisco: Jossey-Bass, 1986.

*Co-Editor of the Series "Guidebooks for Therapeutic Practice"*

Cohen, J.J. & Fish, M.C. Handbook of School-Based Interventions: Resolving Student Problems and Promoting Healthy Educational Environments. San Francisco: Jossey-Bass, 1993.

Mostofsky, D.I. & Piedmont, R.L. Therapeutic Practice in Behavioral Medicine. San Francisco: Jossey-Bass, 1985.

Schaefer, C.E., Briesmeister, J.M., & Fitton, M.E. Family Therapy Techniques for Problem Behaviors of Children and Teenagers. San Francisco: Jossey-Bass, 1984.

Schaefer, C.E., Johnson, L., & Wherry, J.N. Group Therapies for Children and Youth: Principles and Practices of Group Treatment. San Francisco: Jossey-Bass, 1982.

Stein, M.D. & Davis, J. Therapies for Adolescents: Current Treatments for Problem Behaviors. San Francisco: Jossey-Bass, 1982.

## Partial List of Published Articles

Millman, H.L. Psychoneurological learning and behavior problems: The importance of treatment coordination. Journal of Clinical Child Psychology, 1974, 3 (1), 26-30 (Republished: In Gibson, J.T. & Blumberg, P. Growing up: Readings on the study of children. Reading, Mass.: Addison-Wesley, 1978).

Millman, H.L. Turn pain to joy. Personal Excellence, Nov. 2007.

Millman, H.L. Do the right thing. Personal Excellence, Feb. 2008.

Millman, H.L. & Pancost, R.O. Program evaluation in a residential treatment center. Behavioral Disorders, 1977, 2 (2), 66-75.

Millman, H.L. & Schaefer, C.E. Behavioral change: Program Evaluation and staff feedback. Child Welfare, 1975, 54, 692-702.

Schaefer, C.E., Diggins, D.R., & Millman, H.L. Intercorrelations among measures of creativity, openness to experience and sensation seeking in a college sample. College Student Journal, 1976, 10, 332-339.

## National Presentations (partial list)

Family therapy for children with developmental learning and behavior problems. Conversation hour at the meeting of the American Psychological Association, San Francisco, August, 1977.

(With Hollingsworth, A.C.) The dream as motivation for creativity. Art presentation and discussion at the meeting of the American Psychological Association, New York, August, 1987.

## Media Appearances

### **Radio -**

interviewed on numerous shows in  
New York City, Atlanta, Boston, Cleveland.

### **Television -**

CBS Sixty Minutes  
ABC Good Morning America  
NBC Creativity in Crisis  
NEW New York - Midday  
WKYC Cleveland - Dave Patterson Show  
WDIV Detroit - Sonya